

IHS Freshman Leadership Application

The 2018-2019 Independence High School Cheerleading Squad Leadership will be made up of a Captain only.

Tryout Schedule

April 6th: All candidates must e-mail Coach Slade at slades@friscoisd.org by 9pm to announce intention to try out for a leadership position

April 18th: All tryout paperwork (permission form and questionnaire) due to coaches at practice

April 25th: Captains announced at practice

May 2nd: Captain meeting with coaches after regular practice

Qualifications

1. Must be in good standing within the team and with all teachers.
2. Must not have failed any reporting period in the 2017-2018 school year.
3. Must display leadership abilities and be committed to the improvement of the squad.
4. Must display knowledge of cheerleading techniques to enable them to teach and critique others.
5. Must be willing to give up their time for the benefit of the team.
6. Must be available for meetings and planning outside regular school hours.

Expectations & Requirements

If selected, the Captains are expected to commit to and serve in the position for the remainder of the cheerleading season. The Varsity Captains who are Seniors are also expected to attend the tryout clinic the following year to assist the coaches as needed. IHS Cheerleaders are held to a higher standard than the rest of the school and the Captains will be held to a higher standard still. Disciplinary action may be taken if a Captain does not adhere to these conduct standards.

Because leaders are held to a higher standard, if a Captain accumulates 2 strikes then she will be removed from her leadership position, in addition to the regular consequences incurred by any cheerleader. In addition, if a captain becomes academically ineligible during the cheer year, then she will be removed from her leadership position.

The duties and responsibilities of the Freshman Captain includes, but is not limited to:

- Perform all duties assigned to her as a leader of the IHS cheerleading squad.
- Set an example for the squad at school, at practice, and outside of school.

- Keep a detailed notebook and list of all duties performed. Items in notebook should include: a team roster and contact information, FISD Code of Conduct, captain duties and expectations, calendars, list of all cheers and chants, and any other handouts.
- Lead the squad with the help of other captains and the coaches at public performances.
- Assist JV/Varsity with choreography for performances as needed.
- Inspect uniforms, hair, make-up, etc. prior to games.
- Be early to practice and events.
- Stay after each practice and event until dismissed by coaches.
- Check for attendance/tardiness.
- Assist in polishing and perfecting cheers, chants, stunts and jumps as needed.
- Know all cheers/chants perfectly. Call cheers/chants at freshman games.
- Make sure all equipment gets to and from games.
- Be constructive with your criticism to your teammates not destructive.
- Help maintain discipline and seeing that your squad is in order at all times.
- Foster, encourage, and uphold the team's attitude and morale.
- Provide individual help to all team members.
- Communicate all information to squad members.
- Support each other and your teammates.
- Support the coaches even when you disagree with a decision.
- Inform coaches of situations that they need to know about.
- Bring suggestions to coaches on behalf of the team.
- Always have a positive attitude.

Tryout Format

Captain will be chosen based on the following criteria, for a total of 100 percent:

1. Teacher Recommendations (50%)
2. Questionnaire (50%)

Teacher Recommendations:

Each freshman candidate will need to have 5 teacher or coach recommendations. **2 of the 5 teachers need to be current teachers in core subjects.** Teachers will fill out the recommendation form at: https://docs.google.com/forms/d/e/1FAIpQLSfB7QrQqB8yKvdrgHbF1jrTiWfxiUU3S8BX1J7UfHhzVGqhVw/viewform?usp=sf_link

Questionnaire:

Each candidate will copy and paste the questions below on a document and type your answers. These are due April 18th.

Captain Candidate Questionnaire

Please re-type and then answer each of the following questions thoroughly.

1. What are the responsibilities of a captain as you see them?
2. How do you feel the freshman captain should interact with other captains? What do you see as the freshman captain role?
3. What leadership qualities do you possess? Give specific examples of how you have used them this year.
4. What is the key to earning the respect of the team? How do you keep it?
5. What assets would you bring to IHS Cheer if selected as Captain?
6. How do you combat negativity/complaining when the team is together, for example in the locker room?
7. What is your greatest weakness? How would you improve this?
8. What is your greatest strength? How could this be used in the role of captain?
9. If you do not make captain, what contribution would you be able to make to the squad?
10. Captains must work well amongst themselves and with their sponsors. How do you plan to accomplish this?
11. What does commitment mean to you and how do you demonstrate it? How will you encourage commitment within the team?
12. Fill in the blank with a word or short phrase.
 - A captain always...
 - A captain never...
 - A captain is the first person to...
 - A captain is the last person to...
 - A captain exhibits...
 - A captain is not...
 - A captain completes a task...
 - A captain has the ability to...
 - A captain thinks of...

IHS Cheer Captain Application Agreement Form

APPLICANT:

I, _____, apply for captain of the Varsity squad of the Independence High School Cheerleaders. I understand and respect the requirements, expectations and appointment process. I understand that the coach has complete discretion in choosing team captains. I am fully aware of the extra time and effort that being a captain entails. I agree to fulfill the position to the best of my abilities. I am aware that this position is a privilege and that not fulfilling the role to the coach's and squad's expectations (as outlined in the captain packet) will result in a reassignment or removal from the position. I will conduct myself with dignity, style, and grace at all times and be an exemplary role model for this program. I understand that the final selection is done by the coach using the criteria listed in this packet and will support the decision made.

Signature

Date

PARENTS:

_____ has my permission to seek a captain position. I have read and discussed the above statements with my child and I am assured that she/he understands and is capable of fulfilling the requirements and duties. If my child is chosen as a captain, I will support them in their additional responsibilities and extra commitment to the team. I understand that the final selection is done by the coach using the criteria listed in this packet and will support the decision made.

Signature

Date